

# Understanding Cholesterol

## Do high levels of bad cholesterol matter as much as other risk factors such as diabetes and high blood pressure?

Smoking, cholesterol, blood pressure, and diabetes are ALL major controllable risk factors for heart disease, heart attack, and stroke. The more risk factors you have, the greater your risk.

## Should I be concerned with high levels of bad cholesterol even if I feel okay?

High levels of bad cholesterol can lead to the buildup of plaque in the arteries, the most common cause of heart disease, heart attack, and stroke. Plaque buildup most often starts early in life and progresses slowly, often with no symptoms. Even if you feel fine, keeping your bad cholesterol levels in check can reduce your risk of plaque buildup.

## Can making healthy changes, such as eating better and exercising more, help manage cholesterol levels?

Healthy lifestyle choices are an important first step toward lowering your risk of heart disease, heart attack, and stroke. However, for some people, lifestyle changes may not be enough. If your bad cholesterol numbers are still not where they should be, talk to your doctor about your options.

## What is FH, and what is the difference between HeFH and HoFH?

FH, or familial hypercholesterolemia, is a rare inherited condition caused by mutations in at least one of four genes that control how the body processes cholesterol, which can lead to very high levels of bad cholesterol. This condition can lead to premature (early) heart disease.

FH can come in two forms, heterozygous familial hypercholesterolemia (HeFH), the common form, which develops when one mutated gene is inherited from one parent, and homozygous familial hypercholesterolemia (HoFH), which develops when a mutated gene is inherited from both parents.

## Frequently Asked Questions

# About PRALUENT® (alirocumab)

### What is PRALUENT?

**PRALUENT is a prescription medication used in adults with cardiovascular disease.**



PRALUENT can be used to help reduce the risk of heart attack, stroke, and certain types of chest pain conditions (unstable angina) requiring hospitalization.



PRALUENT can be used along with other LDL-lowering treatments in adults with a type of high cholesterol called homozygous familial hypercholesterolemia, also known as HoFH, who need additional lowering of LDL-C.



PRALUENT can also be used along with diet, alone or together with other cholesterol-lowering medicines in adults with high blood cholesterol levels called primary hyperlipidemia (including an inherited type of very high cholesterol called heterozygous familial hypercholesterolemia, also known as HeFH), to reduce low-density lipoprotein cholesterol (LDL-C) or bad cholesterol.

It is not known if PRALUENT is safe and effective in children.

In a large clinical study of ~19,000 patients, PRALUENT was proven to reduce the risk of having a heart attack, stroke, or unstable angina requiring hospitalization.

### PRALUENT has also been shown to effectively reduce bad cholesterol.

In other clinical studies of patients with heart problems due to plaque in the arteries or with HeFH whose bad cholesterol was not at goal, adding PRALUENT significantly reduced bad cholesterol levels by an average of

**43% to 58%**

From baseline when taken alone or with other cholesterol-lowering medications and a healthy diet.

### Is PRALUENT different from a statin?

PRALUENT is not a statin. Statins help lower the production of bad cholesterol. PRALUENT works by blocking a protein (called PCSK9) that may contribute to high levels of bad cholesterol. Adding PRALUENT helps increase your liver's ability to clear bad cholesterol from your bloodstream.

Though they work differently, PRALUENT and statins can work together to lower your bad cholesterol when added to a healthy diet. PRALUENT can be taken with or without a statin.

### What is PRALUENT® (alirocumab)?

PRALUENT is an injectable prescription medicine used:

- in adults with cardiovascular disease to reduce the risk of heart attack, stroke, and certain types of chest pain conditions (unstable angina) requiring hospitalization
- along with diet, alone or together with other cholesterol-lowering medicines in adults with high blood cholesterol levels called primary hyperlipidemia (including a type of high cholesterol called heterozygous familial hypercholesterolemia), to reduce low-density lipoprotein cholesterol (LDL-C) or bad cholesterol
- along with other LDL-lowering treatments in adults with a type of high cholesterol called homozygous familial hypercholesterolemia who need additional lowering of LDL-C.

It is not known if PRALUENT is safe and effective in children.

### Important Safety Information

Do not use PRALUENT if you are allergic to alicumab or to any of the ingredients in PRALUENT.

Please see Important Safety Information throughout document.

Please see [Full Prescribing Information](#) available at [PRALUENT.com](#).

  
**Praluent**<sup>®</sup>  
(alirocumab) Injection 75mg/mL  
150mg/mL

## Frequently Asked Questions

# PRALUENT® (alirocumab) Safety Information

### What are the possible side effects of PRALUENT?

PRALUENT can cause serious side effects, including allergic reactions that can be severe and require treatment in a hospital. Stop using and call your healthcare provider or go to the nearest hospital emergency room right away if you have any symptoms of an allergic reaction including a severe rash, redness, hives, severe itching, trouble breathing, or swelling of the face, lips, or tongue.

The most common side effects include:



Redness, itching, swelling, or pain/tenderness at the injection site



Symptoms of the common cold



Flu or flu-like symptoms

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of PRALUENT. Ask your doctor or pharmacist for more information. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

It is not known if PRALUENT is safe and effective in children.

### Can I take PRALUENT with other medications?

PRALUENT can be used along with other lipid-lowering therapies (including statins) if needed, in order to manage your high cholesterol. Be sure to talk to your doctor about all the medicines you take before you start using PRALUENT.

### Can I take PRALUENT if I am pregnant or breastfeeding?

Before you start using PRALUENT, talk to your doctor if you are pregnant, planning to become pregnant, breastfeeding, or planning to breastfeed.

It is not known if PRALUENT will harm your unborn baby. Tell your doctor if you become pregnant while taking PRALUENT.

You and your doctor should decide if you will take PRALUENT or breastfeed. Do not do both without talking to your doctor first.

If you are pregnant during PRALUENT treatment, you are encouraged to call Regeneron at 1-844-734-6643 to share information about the health of you and your baby.

Please see Important Safety Information throughout document.

Please see [Full Prescribing Information](#) available at [PRALUENT.com](#).

  
**Praluent**<sup>®</sup>  
(alirocumab) Injection 75mg/mL  
150mg/mL

# Paying for PRALUENT® (alirocumab)

### How much does PRALUENT cost?

The cost of PRALUENT will depend on the type of insurance you have.

PRALUENT is covered by a majority of health plans, and covered by most Medicare Part D insurance plans.\* The MyPRALUENT® Patient Support Program can help determine what financial support may be available for you. Call **1-844-PRALUENT (1-844-772-5836)** to learn more. We are available Monday to Friday, 8:00 am to 8:00 pm EST.

Please see the questions below for more savings options.

\*Formulary data are provided by Managed Markets Insights & Technology, LLC (MMIT) and are current as of November 2020. Because formularies do change and many health plans offer more than one formulary, please check directly with the health plan to confirm coverage.

### Are there any savings options available?

No matter what your insurance coverage is, there may be an option to help you with the cost of PRALUENT.



#### If you have private (commercial) insurance:

- You may qualify for the MyPRALUENT® Copay Card and pay as little as \$25 per month for your PRALUENT treatment, subject to an annual cap of \$3,500. Terms and conditions apply†
- If eligible, you can use this card for PRALUENT copay, coinsurance, and deductibles
- See if you qualify for the MyPRALUENT® Copay Card. [Click here to apply](#) or call **1-844-PRALUENT (1-844-772-5836)**

†Eligible patients with commercial insurance not funded through a government healthcare program subject to an annual cap and other program terms and restrictions. This offer is not valid for prescriptions covered by or submitted for reimbursement under Medicaid, Medicare, VA, DOD, TRICARE, or similar federal or state programs.



#### If you are uninsured or have Medicare and meet income restrictions:

- You may qualify to receive PRALUENT at no cost through the MyPraluent® Patient Assistance Program
- If eligible, you can get PRALUENT free of charge for up to 12 months
- If eligible, you may submit for renewal†
- If you have Medicare Part D insurance that covers PRALUENT and you meet income restrictions, you may also qualify to receive PRALUENT at no cost through the MyPraluent® Patient Assistance Program

To find out if you're eligible, call **1-844-PRALUENT (1-844-772-5836)**. You can also work with your healthcare professional to submit an electronic form, which you can download [here](#).

†Eligible patients subject to program restrictions.

#### If you have limited income and resources and have Medicare:

If you're faced with limited income and resources, there's a US government-funded program that may help you pay some of your Medicare prescription drug costs for all of your prescription medicines. It's called the Extra Help Program (also referred to as Low-Income Subsidy), and it offers eligible patients the following:

- Reduced Medicare Part D premiums
- No cost share in the coverage gap or "donut hole"
- Lower drug copays

### What is the Medicare "donut hole," and how could it affect me?

Many people with Medicare Part D may not know if they have a drug plan with a coverage gap, commonly referred to as the "donut hole." This can be a problem because it puts a temporary limit on what gets covered for prescription drugs and related medications. Visit [Medicare.gov](https://www.Medicare.gov) to learn how you can prepare for the donut hole.

Please see Important Safety Information throughout document.

Please see [Full Prescribing Information](#) available at [PRALUENT.com](https://www.PRALUENT.com).

  
**Praluent®**  
(alirocumab) Injection 75mg/mL  
150mg/mL

# Getting PRALUENT<sup>®</sup> (alirocumab)

## Where do I get PRALUENT?

You may be able to pick up your PRALUENT prescription from your local retail pharmacy or a specialty pharmacy can deliver it to you.

*Note: Once you receive PRALUENT, be sure to put it in the refrigerator. After PRALUENT is removed from the refrigerator, it must be used within 30 days or thrown away.*

## What happens if I'm not home when my prescription of PRALUENT is delivered?

PRALUENT is shipped in a temperature-controlled container to keep it at the correct temperature during transport and delivery to your home. You do not need to sign for your delivery. However, we encourage you to be home if you can so that you can put PRALUENT into your refrigerator as soon as it arrives.

After removal from the refrigerator, if needed, patients may keep PRALUENT at room temperature up to 77°F (25°C) for a maximum of 30 days in its original carton to protect it from light. If you will not be home the day it is scheduled to be delivered, call your pharmacy. The pharmacy can reschedule the delivery for a day that works for you.

## How long can PRALUENT be left out without refrigeration?

If needed, PRALUENT may be left out at room temperature (up to 77°F [25°C]) for a **maximum of 30 days**. Keep it in its original carton to protect it from light.

After PRALUENT is removed from the refrigerator, it must be used within 30 days or thrown away.

## Important Safety Information

Before you start using PRALUENT, tell your healthcare provider about all of your medical conditions, including allergies, and if you are pregnant or plan to become pregnant or if you are breastfeeding or plan to breastfeed.

# Taking PRALUENT® (alirocumab)

## How do I take PRALUENT?

For more information on how to use PRALUENT, click [here](#). You can also click below for the [Instructions for Use](#).



### Learn how to inject at home

- Do not try to inject PRALUENT until you have been shown how to do so by your doctor or nurse. If your doctor decides that you or your caregiver can give the injections of PRALUENT, he or she should give you training on the right way to do it
- Use PRALUENT exactly as your doctor tells you to use it. Your doctor will prescribe the dose that is best for you
- For a refresher on how to inject, check out our [How to use PRALUENT page](#), or watch the instructional video at <https://www.praluent.com/how-to-use-praluent/#inject>. You can also download the detailed “Instructions for Use” ([75 mg](#) or [150 mg](#)) to use as a guide



### Follow your dosing schedule

- Depending on your dose, you will inject PRALUENT under your skin every 2 weeks or 4 weeks (monthly)
- If your doctor prescribes you the monthly dose, you will give yourself 2 separate injections in a row. Use a different pen for each injection, and inject in 2 different spots on your body to avoid irritation
- If you are taking other injectable medicines along with PRALUENT, do not inject PRALUENT in the same spot that you inject those other medicines
- Before each injection, check the label of your pen to make sure you have the correct medicine and the correct dose of PRALUENT
- See the next page if you miss a dose

### Know what to do if you take too much PRALUENT

- If you use more PRALUENT than you should, talk to your doctor or pharmacist

**IMPORTANT:** Do not stop using PRALUENT without talking with your doctor. If you stop using PRALUENT, your cholesterol levels can increase.

## What are the different doses for PRALUENT?

PRALUENT is available in 2 different dosing strengths, including 75 mg or 150 mg injected under the skin (subcutaneously). Dosing options include 75 mg or 150 mg every 2 weeks or 300 mg every 4 weeks (monthly) depending on your diagnosis and how PRALUENT was prescribed by your healthcare provider.

## How often do I need to take PRALUENT?

Your doctor will instruct you to inject PRALUENT under your skin every 2 weeks or 4 weeks (monthly). [Learn more about taking PRALUENT here.](#)

Taking PRALUENT continues on next page

## Important Safety Information (cont'd)

Tell your healthcare provider or pharmacist about any medicines you take, including prescription and over-the-counter medicines, vitamins or herbal supplements.

PRALUENT can cause serious side effects, including allergic reactions that can be severe and require treatment in a hospital. Stop using PRALUENT and call your healthcare provider or go to the nearest hospital emergency room right away if you have any symptoms of an allergic reaction including a severe rash, redness, hives, severe itching, trouble breathing or swelling of the face, lips, throat, or tongue.

Please see Important Safety Information throughout document.

Please see [Full Prescribing Information](#) available at [PRALUENT.com](#).

  
**Praluent**<sup>®</sup>  
(alirocumab) Injection 75mg/mL  
150mg/mL

# Taking PRALUENT<sup>®</sup> (alirocumab) (continued)

## I forgot to take a dose. What should I do?

### If you miss an every-2-weeks dose at your regular time

Inject PRALUENT as soon as possible within 7 days of the missed dose. You may then resume your regular schedule. If you do not administer the dose within 7 days of your scheduled date, wait until the next dose on the original schedule.

### If you miss an every-4-weeks dose

Inject as soon as possible within 7 days of the missed dose. You may then resume your original schedule. If you do not administer the missed dose within 7 days, inject the dose immediately and start a new schedule based on the new date.

If you are not sure when to restart PRALUENT, ask your doctor or pharmacist.

## What should I do if the needle is bent or the pen is damaged?

If your PRALUENT needle or pen is bent or damaged in any way, do not use or try to fix it. You can call **1-844-PRALUENT (1-844-772-5836)** to report a product complaint. If you are having difficulty using your pen, please call your doctor.

## Can I reuse the pen?

No. You must NOT reuse your PRALUENT pen. Once you have used the pen, throw it away in a sharps disposal container.

## Important Safety Information (cont'd)

The most common side effects of PRALUENT include: redness, itching, swelling, or pain/tenderness at the injection site, symptoms of the common cold, and flu or flu-like symptoms. Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

Please see Important Safety Information throughout document.

Please see [Full Prescribing Information](#) available at [PRALUENT.com](#).

# Storing PRALUENT® (alirocumab)

## How should I store PRALUENT?

- Keep PRALUENT refrigerated at 36°F–46°F (2°C–8°C) in the outer carton in order to protect it from light until you are ready to use it
- **DO NOT** freeze PRALUENT
- **DO NOT** expose PRALUENT to extreme heat
- **DO NOT** shake PRALUENT
- Take your PRALUENT pen out of the refrigerator 30–40 minutes before you use it so that it can warm up
- **DO NOT heat the pen to warm it up**
- If needed, PRALUENT may be kept at room temperature (up to 77°F [25°C]) **for a maximum of 30 days**. Keep it in its original carton to protect it from light
- **DO NOT** store PRALUENT above 77°F (25°C)
- After PRALUENT is removed from the refrigerator, it must be used within 30 days or thrown away
- Keep PRALUENT and all medicines out of the reach of children

## Can I still use PRALUENT if it has been out of the refrigerator for longer than 30 days?

No. **DO NOT** use any PRALUENT pens that have been left out of the refrigerator for more than 30 days. Keep PRALUENT and all medicines out of the reach of children.

## Can I travel on a plane with my PRALUENT?

Check with your airline before you travel with PRALUENT. They can tell you if you may carry PRALUENT onto the airplane. If you are allowed, keep PRALUENT in your carry-on. The temperature in the checked luggage area can sometimes be too hot or too cold.

Be sure to bring your PRALUENT medical documentation to show to airport security. Let the screener know if you have your medicine or a sharps disposal container in your carry-on.

## Important Safety Information (cont'd)

Talk to your doctor about the right way to prepare and give yourself a PRALUENT injection and follow the “Instructions for Use” that comes with PRALUENT.

Please see Important Safety Information throughout document.

Please see [Full Prescribing Information](#) available at [PRALUENT.com](#).

  
**Praluent**<sup>®</sup>  
(alirocumab) Injection 75mg/mL  
150mg/mL

# Frequently Asked Questions

## Proper Disposal

### What do I do with the pen after I use it?

Once you have used your PRALUENT pen, throw it away in a sharps disposal container. **DO NOT** reuse the pen. Each state has different sharps disposal guidelines.

Patients taking PRALUENT are entitled to 2 sharps disposal containers per calendar year at no cost through MyPRALUENT®. To request your sharps disposal container, call **1-844-PRALUENT (1-844-772-5836)**. Each container typically holds over one year's usage of PRALUENT pre-filled pens. In the event that your sharps disposal container is destroyed, lost, or broken, a third sharps disposal container may be requested.

To learn more about the rules in your state, visit [www.fda.gov/safesharpsdisposal](http://www.fda.gov/safesharpsdisposal). **DO NOT** throw away your used sharps disposal container in your household trash unless allowed by local law.

For California residents, the law prohibits disposal of home-generated sharps waste in the trash or recycling containers. For more information about sharps disposal, visit the [CalRecycle website](#).

### Important Safety Information (cont'd)

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Please see Important Safety Information throughout document.

Please see [Full Prescribing Information](#) available at [www.PRALUENT.com](http://www.PRALUENT.com).

**REGENERON**

© 2021 Regeneron Pharmaceuticals, Inc. All rights reserved. PRA.21.02.0032  
Last Update: March 2021

  
**Praluent**®  
(alirocumab) Injection 75mg/mL  
150mg/mL